The Philosophy: We believe that through the inherent self worth, dignity and mutual respect each recovering person possesses, success in recovery and freedom from addiction are fully attainable goals.

Community Counseling of Bristol County’s (CCBC’s) Supportive Housing Program provides a safe, stable living environment on a short-term basis for adult men with a history of substance abuse/chemical dependence. The program serves the greater southeastern Massachusetts area and has a capacity of 13 beds. This program offers a unique and innovative housing model for individuals who have made the decision to live in recovery from addiction.

The model is based on the creation of a caring therapeutic community of recovery, which emphasizes resident empowerment, individual responsibility, and the provision of a continuum of professional supports. The essential goal of the program is for individuals to progress in their recovery as well as in their vocational and social functioning. As a result, they may transition to a more independent living situation.
Residents agree to:

- Attend a minimum of 30 twelve step meetings in the first 30 days of recovery, and a minimum of five twelve step meetings per week thereafter
- Be a member of a twelve step home group
- Have a permanent or temporary sponsor
- Be willing to submit to mandatory drug screenings
- Be willing to participate in household chores
- Attend a weekly house meeting
- Participate in regular outpatient psychotherapy
- Pay a $120 per week program service fee, which includes lodging, meals and utilities
- Follow all house rules specified on the Smith House application form

Professional Services:

Dr. Robert Smith House staff are experienced in the field of addictions, have a positive and enthusiastic view of life in recovery, and are available to residents 24 hours a day, 7 days a week. Staff members assist each resident in developing a recovery plan, selected from a network of agency and community services. CCBC offers a full range of substance abuse and mental health services including diagnostic evaluation, individual therapy, group therapy, day treatment, HIV testing and counseling, and medication services.

The recovery plan then becomes the blueprint for each individual’s quest to maintain sobriety and to live a life of recovery. Each aspect of house life offers the individual the opportunity and encouragement necessary to begin a process of lifelong accomplishment, as opposed to simple abstinence.

Smith House staff emphasize that residents have to become clean and sober to “live, transcend, and realize.”

Transitional / Aftercare Planning:

As each resident proceeds in his recovery by demonstrating the skills and confidence necessary to lead a clean and sober lifestyle, staff offer assistance in planning the next step towards independent living. This is accomplished by assisting the resident in setting achievable goals and developing the network of supports necessary for the transition out of the program. Staff offer guidance in locating housing and linking up with community services. Smith House “graduates” often remain involved with the house residents, providing them with the power of example and the inspiration that recovery and fulfillment of dreams are all attainable goals.

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Referral and Admission:

For more information, a confidential interview, or to make a referral to the Dr. Robert Smith Supportive Housing Program, please contact:

(508) 822-6524

Staff from the Dr. Robert Smith House will arrange an interview with the applicant to screen for admission to the program. Once admitted, the resident will be formally oriented to the philosophy and functioning of the house by staff and other residents. Program staff contacts the referring party and other collateral providers utilized by the resident in order to facilitate the admissions process.

Agency Mission: The mission of Community Counseling of Bristol County is to develop and deliver compassionate, responsive and quality mental health, substance abuse and health care services to meet the prevention, education, treatment and rehabilitation needs of those in our community.

These services are designed to respond to the complex needs of children, adolescents, adults, elders and families, and to do so as part of a locally integrated health care delivery system linked to regional and statewide delivery systems. For more information about our services, please call (508) 823-5400.