

The Elder Program understands the every day needs and challenges of the elder population. If you are 55 years of age or older, or know someone who could benefit from our program,



please call:

**(508) 977-8070**

*“The highest reward  
for a person’s toil is not  
what they get for it, but  
what they become by it.”*

*John Ruskin*



**The Elder Program**  
Community Counseling of Bristol County, Inc.  
One Washington Street  
Taunton, MA 02780



*Welcome*  
to the  
**Elder  
Program**

of Community Counseling  
of Bristol County, Inc.

Contact:  
Paula Brown, LMHC  
**(508) 977-8070**



# GOALS

Aging is an individual process. The Elder Program offers a supportive environment to meet each individual elder's needs with the ultimate purpose of enriching the lives of all participants.

## Group and individual psychotherapy addresses symptoms of:

- DEPRESSION
- ANXIETY
- PSYCHOTIC DISORDERS
- SUBSTANCE ABUSE

Through therapy, educational and activity groups, each individual has the opportunity to develop coping skills and to increase awareness of mental and physical changes. They do this while learning skills for self care and utilization of community resources.

# THE STAFF

Our multi-disciplinary team includes gero-psychiatry, registered nurse, licensed clinical social workers, licensed mental health counselors, and expressive arts therapists.



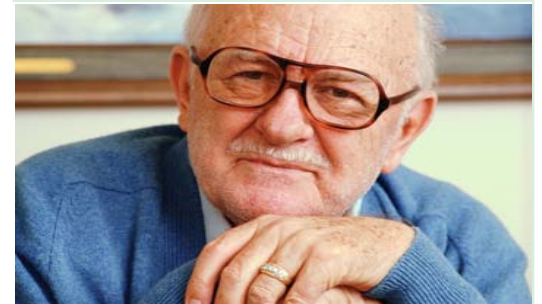
The team works closely with primary care physicians and home health care nurses to fully address medical and clinical needs.

## COMMUNITY COUNSELING OF BRISTOL COUNTY'S ELDER PROGRAM IS A COMPONENT OF THE CCBC PARTIAL HOSPITALIZATION PROGRAM.

# SERVICES

## Services within the program include:

- DIAGNOSTIC ASSESSMENT
- PSYCHIATRIC EVALUATION AND CONSULTATION
- GROUP THERAPY
- INDIVIDUAL THERAPY
- EXPRESSIVE ARTS THERAPY
- FAMILY CONFERENCES AND THERAPY
- MEDICATION MONITORING AND TRAINING



## Services by referral include:

- HOME HEALTH CARE
- PSYCHOLOGICAL TESTING
- CASE MANAGEMENT AND AFTERCARE PLANNING