

EXAMPLES OF GROUPS OFFERED

Process Groups:

- Group Therapy
- Men's Group
- Woman's Group
- Interpersonal Therapy

Psychoeducational Groups:

- Cognitive Therapy
- Mental Health Education
- Communication Skills
- Anger Management
- Mindfulness Meditation
- DBT Skills

Expressive Therapies:

- Art Therapy
- Journal Group

Pathways specializes in:

Dialectical Behavior Therapy

We also provide a dual-diagnosis track with addictions recovery groups.



How to Contact Us:

Pathways Day Programs

19 Cedar Street

Taunton, MA 02780

(508) 823-6124 Phone

(508) 880-6507 Fax

Eligibility:

Clients referred to the program must be at least 18 years old and have a mental health diagnosis. We also offer treatment to clients who have a co-occurring substance use disorder.

Insurance:

We accept most forms of Mass Health, Medicare and Private Insurance.

Please call for more information.

PATHWAYS



Day Treatment and Partial Hospitalization Programs

Call:

508-823-6124



COMMUNITY COUNSELING
OF BRISTOL COUNTY, INC.

BEHAVIORAL HEALTHCARE SOLUTIONS

ABOUT PATHWAYS

Pathways is a community-based adult psychiatric program serving Taunton and the surrounding communities. The program offers active, structured groups and a therapeutic milieu designed to treat individuals experiencing symptoms of mental illness and co-occurring substance use issues.

Referrals:

Referrals can be made by telephone or by filling out a referral form available by fax or email.

(508) 823-6124 Phone

(508) 880-6507 Fax

pathways@comcounseling.org

www.comcounseling.org



PROGRAMS OFFERED



In order to meet the varying needs of clients, we offer both a Day Treatment and a Partial Hospitalization Program.

Day Treatment

Day Treatment is a therapeutic program that promotes the development of skills to manage symptoms and improve quality of life.

Partial Hospitalization (PHP)

Partial Hospitalization provides intensive, structured, comprehensive therapy for the individual who would benefit from skilled outpatient intervention in lieu of inpatient treatment. In addition, clients meet weekly with the staff psychiatrist for medication management.

Multidisciplinary Team

A team of experienced clinicians closely monitor each client's mental status, to provide individualized treatment planning. Each client is assigned a treatment coordinator who works with the client to effectively utilize the programs' services. The treatment coordinator also acts as a liaison to other care providers.

Services Offered:

- Diagnostic Assessment
- Treatment Planning
- Intensive Psychotherapy
- Case Coordination
- Crisis Intervention
- Dual-Diagnosis Treatment
- Psychoeducation
- Discharge & Aftercare Planning

