

IFFSS

Individual & Family Flexible Support Services (IFFSS) are limited to youth on whose behalf an application for Department of Mental Health (DMH) services has been authorized by DMH for these services.

CCBC's Mission and Goal

The purpose and mission of Community Counseling of Bristol County, Inc. (CCBC) is to develop and deliver compassionate, responsive, culturally competent, and quality mental health and substance abuse services to meet the prevention, education, treatment, rehabilitation and recovery needs of those in our community. These services are based on the latest evidence-based approaches to respond to the complex needs of children, adolescents, adults, elders and families as part of a locally integrated health-care delivery system linked to regional and statewide delivery systems.

CCBC's goal is to create a continuum of care that allows our clients to receive the level of care that best meets their needs and assist them in achieving their goals. We seek to accomplish this for each individual in our care by:

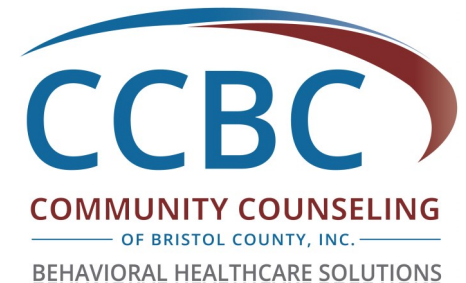
Conveying respect and affirming the dignity of those we serve, delivering treatment based upon current evidence based practices, utilizing a strength-based person-centered approach, focusing on recovery, and maintaining a commitment to continuous quality improvement.



Individual & Family Flexible Support Services

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Family Systems Intervention (FSI)

Family Systems Intervention services at Community Counseling of Bristol County, Inc. (CCBC) work with clients and families enrolled with the Department of Mental Health (DMH) to promote growth, recovery, and provide the skills necessary for successful functioning in the community. FSI will be provided by a collaborative team consisting of a Master's Level Mental Health Clinician and a therapeutic support person in the family's home or community.

FSI services include:

- Engagement and outreach
- Strength-based assessment
- Psychoeducation
- Brief family interventions, parenting, and coping skills
- Crisis intervention
- Collaboration with providers and schools
- Development of Individualized Action Plans (IAPs)
- Transportation in conjunction with IAP goals

Youth Support Groups (YSG)

Youth Support Groups:

- Youth groups of 4–12 members are provided with therapeutic recreational activities on a weekly basis
- Social and emotional skill building
- Community integration
- Educational and vocational preparation
- Psychoeducation to youth and family members
- Age appropriate social integrative activities pertaining to goals tied to individual action plans



Individual Youth Support (IYS)

Individual Youth Support provides non-school hour, direct services by a Youth Support Worker (YSW), working one-on-one with the youth, primarily in the community. A YSW will develop an Individualized Action Plan (IAP) with the youth and the family that is specifically geared towards the youth's needs. YSW's are supervised by a Licensed Mental Health Clinician to ensure family and youth engagement and to design a comprehensive and evidenced based plan that is sensitive to the youth and family's composition, mental and physical health, and self identification.

IYS services include:

- Engagement in social or recreational activity
- Social skill building
- Educational and pre-vocational skills
- Independent living skills
- Communication skills
- Transportation in conjunction with IAP goals