

**Are you looking for support for your child and family?  
Has your child experienced significant life stress?**

# **Child Trauma Treatment Study**



The Trauma Center at JRI invites you and your family to participate in a research study examining the effectiveness of a child/adolescent trauma treatment, **Attachment, Regulation, and Competency (ARC)**, compared to **treatment as usual (TAU)** at a participating clinic site in Taunton, MA.

**The study's goal is to determine the effectiveness of ARC treatment compared to TAU.**

**We are looking for children and adolescents:**

- Ages 8-16.
- With a history of overwhelming or traumatic life experiences.
- Who are actively seeking treatment for behavioral, emotional, or other functional difficulties which make daily life a challenge.
- Who have current health insurance or self-pay eligibility for treatment as required by the participating clinic.
- Who have a legal guardian who is able to provide consent (i.e., DCF cannot be the legal guardian).



**What will the study involve?**

- Completing a phone screen with the Project Coordinator.
- Completing a 3-4 hour baseline evaluation (children and caregivers will be interviewed separately).
- Participating in weekly therapy (24 sessions of ARC or TAU over 6-7 months).
- Completing research study evaluations at four time points (at baseline, after 12 weeks of treatment, after 24 weeks of treatment, and 6 months after treatment ends).
- Families will receive compensation up to a total of \$350.

**Potential benefits from treatment may include:**

- Improved behavioral functioning.
- Decreased symptoms of PTSD.
- Improved caregiver capacities and well-being.



To participate or if you have further questions, please contact:  
Katie McCarthy, PhD, Project Coordinator  
Call/Text/Voicemail: 617-549-0094  
Call/Voicemail: 617-232-1303 x 2020; email: [kmccarthy@jri.org](mailto:kmccarthy@jri.org)



To begin the process for intake services, please contact:  
Karen Turner, LMHC: 508-977-8124  
Community Counseling of Bristol County, Inc. (CCBC)  
One Washington Street, Taunton, MA 02780

*\*\*Additional clinic locations for the study are in Everett and Framingham\*\**