



Community Counseling of Bristol County, Inc. (CCBC) is a comprehensive non-profit Community Behavioral Health Center (CBHC).

The Behavioral Health Outreach for Aging Populations (BHOAP) team is funded, in part, by a grant from Bristol Aging & Wellness, Inc. through contracts with the Massachusetts Executive Office of Aging & Independence.

The primary referral sources for the BHOAP are Bristol Aging & Wellness and the local Councils on Aging. Please contact either of these entities to initiate the referral process.

The telephone number for **Bristol Aging & Wellness** is:

(508) 675-2101

The Aging Population has one of the highest rates of suicide. Undiagnosed and untreated depression is a significant contributing factor for older adult suicide. Other risk factors for suicide in the with older adults includes:

- The recent death of a loved one;
- Physical illness, disability and pain;
- Increased alcohol or prescription drug use;
- Failure to take care of self or follow medical orders;
- Stockpiling medications;
- Sudden interest in firearms;
- Social withdrawal or elaborate goodbyes;
- A rush to complete or to revise a will.

For 24/7 help, call:

Samaritans:
(800) 252-8336 &
(877) 870-4673

Suicide Prevention:
988



Behavioral Health Outreach for Aging Populations

"I define connections as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgment; and when they derive sustenance and strength from the relationship." Brene Brown



The **Behavioral Health Outreach for Aging Populations team** consists of licensed and masters level clinicians, a psychiatric nurse, an older adult peer specialist, and access to a prescriber. Services provided by the Behavioral Health Outreach for Aging Populations team include:

- **In-Home Counseling;**
- **Mental Status Evaluations;**
- **Medication Management (if indicated);**
- **Peer Support and Care Coordination**

For more information about our program, please contact:

Behavioral Health Outreach for Aging Populations (BHOAP)

63 Winthrop Street
Taunton, MA 02780
Tel: (508) 977-8085
Fax: (508) 880-7114



If you or someone you know is age 60 or over and has experienced emotional changes associated with aging, they may benefit from the services offered by CCBC's **Behavioral Health Outreach for Aging Populations team**.

If you are experiencing symptoms of depression and/or anxiety, the **Behavioral Health Outreach for Aging Populations team** can help. Symptoms of depression and/or anxiety can include:

- **Sadness**
- **Constant worry**
- **Loss of interest in activities formerly enjoyed**
- **Fatigue**
- **Social Isolation**
- **Irritability**
- **Medication and/or substance misuse**

These symptoms are not part of the normal aging process and they can be actively addressed!

Call Bristol Aging & Wellness or your local Council on Aging to start the referral process.

The **Behavioral Health Outreach for Aging Populations team** provides services to the following communities:

North Attleboro, Attleboro, Taunton, Seekonk, Norton, Mansfield, Rehoboth, Raynham, Berkley, Dighton, Fall River, Somerset, and Swansea.

Please contact **Bristol Aging & Wellness** at: (508) 675-2101 or your local Council on Aging to initiate the referral process.

