Community Counseling of Bristol County, Inc. (508) 823-5400

Adult, Child and Family **Behavioral Health Counseling**

One Washington Street, Taunton, MA 02780 (508) 828-9116

Continuing Care & Partial Hospital **Pathways Day Treatment**

19 Cedar Street, Taunton, MA 02780 (508) 823-6124

Family Stabilization Team

One Washington Street, Taunton, MA 02780 (508) 828-9116

Community Support Program

One Washington Street, Taunton, MA 02780 (508) 828-9218

Community Rehabilitation Services

One Washington Street, Taunton, MA 02780 (508) 828-9275

Elder Specialty Services

One Washington Street, Taunton, MA 02780 (508) 828-9116

Case Management Services

One Washington Street, Taunton, MA 02780 (508) 977-8148

Day Rehabilitation/Community Connections

59 Broadway, Taunton, MA 02780 (508) 823-8772

Supported Housing Network

258 Weir Street, Taunton, MA 02780 (508) 821-3937

Dr. Robert Smith House

314 Somerset Avenue, Taunton, MA 02780 (508) 822-6524

Rehoboth Clinic

366 Winthrop Street, Rehoboth, MA 02769 (508) 252-3383

Attleboro Clinic

5 Bank Street, Suite 206, Attleboro, MA 02703 (508) 252-3383



What Treatment is Provided?

- ➡ Therapeutic Alliance Establish and maintain a supportive working relationship.
- **Symptom Management Assist** clients with understanding the nature of their illness or addiction, recognizing symptoms, and how medication compliance plays a role in their recovery.
- ⇒ Conflict Resolution Develop a mechanism to assist clients with the resolution of interpersonal conflicts.
- ⇒ Daily Living Skills Assist clients with the enhancement of their daily living skills.
- Socialization/Leisure Skills -Assist clients with the development of interpersonal skills and the research of recreational opportunities.
- ⇒ Service Coordination Work with all providers to establish an integrated service along the client's continuum of care through individual treatment plans.
- Resource Management Assist the client in obtaining entitlements, health and social services.
- Crisis Intervention Provide around the clock coverage to the clients via 24-hour pager for crisis issues.

Community Rehabilitative **Services** "Give a man a fish; you have fed him for today. Teach a

man to fish; and you have fed him for a lifetime"-

Author unknown

What is Community **Rehabilitative Support?**

Community Rehabilitative Support (CRS) is a short-term program, which is funded by the Department of Mental Health (DMH) to provide case management services to clients who traditionally have been difficult to engage. This program works in coordination with DMH and the client to develop a program specific treatment plan (PSTP) that is most beneficial to the client.

What are the goals of the **Community Rehabilitative Support Program?**

To facilitate each person's needs so that he or she may be able to live in society independently with as little support as the participant requires. By providing direct contact with an individual on a regular basis, we hope to tailor services around each client according to their specific needs.



Some of the services that CRS may be able to provide an individual include: Help with finding, and maintaining housing; applying for benefits, i.e. SSI/DTA, obtaining mental health, medical, and dental care; linking with employment services, developing natural support networks, social, interest and leisure activities; and assistance with transportation, until PT1's, GATRA, or public transportation are put into play.

What are the objectives of the Community Rehabilitative Support Program?

Our objectives are to improve the overall quality of life in the community by:

- ⇒ Providing case coordination-e.g., PSTP; coordination of care.
- ⇒ Functioning as liaison with community resources.
- Providing consultation with state and community agencies.
- Assembling medical records in preparation for clinical and entitlement reviews.
- Providing telephone support.
- Educating clients in taking medication as prescribed, i.e. Clozaril clinic.
- Monitoring compliance.
- Providing assistance in taking medication as needed.
- Providing medical assessment of vital signs and side effects of medications (non-physician service)

- delivery must be by a licensed health care provider).
- Providing funds, if available, for incidental expenses, assisting clients in remaining in the community.
- Providing funds, if available, for one-time rent expenses, or ongoing rent subsidy.
- Providing availability of prescribed medications to clients with no other means of obtaining them.

Who is eligible for the Community Rehabilitative Support Program?

A prospective participant must be DMH eligible and must complete an application for DMH continuing care services. Once the application is reviewed, determination is made by the DMH "needs and means specialists". To determine eligibility, information is gathered from the applicant, physicians, therapists, hospitals and other medical records.

Are all CRS programs the same?

It should also be known that every CRS program is different, and offers different services. Depending on where the participant lives, will

determine the catchment area and the specific CRS team.



Does it matter what ethnicity lam?

No, the CRS team does not discriminate against race, creed, color, religion, sexual orientation, or physical handicap. In fact, we will work with the participant in identifying cultural, or physical barriers if any, and working through them, so that goals may be achieved without loss of dignity, and or personal beliefs.



What if I have a substance abuse problem?

The CRS program has worked with many people with poly-substance abuse problems, along with being diagnosed with other mental health problems. We tailor our services with each client's individual needs in mind. We will work our hardest for each client without bias. If deemed necessary, we will work with clients on getting them the help they need. Whether it be therapy, detox, or special programs, the CRS team will work with the client and DMH to find the best fit for each individual.