

How to contact us:

**Elder Program**

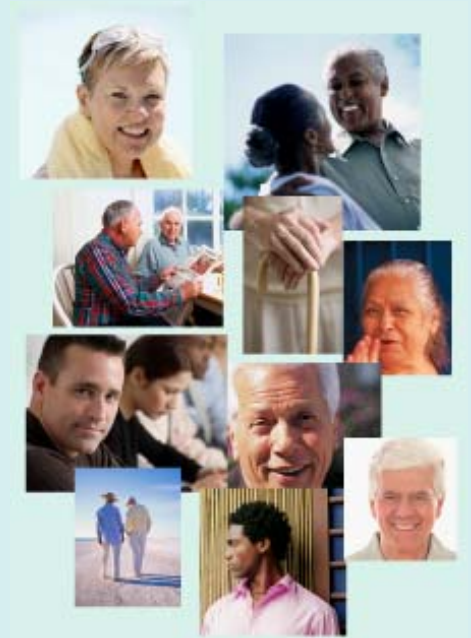
(508) 977-8070  
1 Washington Street  
Taunton, MA 02780

**Adult Program**

(508) 823-6124  
19 Cedar Street  
Taunton, MA 02780

**Attleboro Site**

(508) 222-8812  
5 Bank Street, Suite 202  
Attleboro, MA 02703



*Welcome*  
to our Partial  
Hospitalization  
Programs For  
Adults and Elders



## Who Are We?

Community Counseling of Bristol County is a community-based mental health agency, serving the southeastern area of Massachusetts for over 35 years.

## What is Partial Hospitalization?

Partial Hospitalization provides intensive, structured, comprehensive therapy for the individual whose mental status has destabilized, and would benefit from skilled outpatient intervention in lieu of inpatient treatment.

## How can we help?

Our multi-disciplinary team of doctors, nurses, social workers, mental health counselors, and expressive therapists provide:

- CRISIS INTERVENTION
- DIAGNOSTIC EVALUATION
- MEDICATION ASSESSMENT, STABILIZATION, AND MONITORING
- CASE COORDINATION
- INTENSIVE PSYCHOTHERAPY

- VERBAL AND EXPRESSIVE GROUP THERAPY
- MENTAL HEALTH EDUCATION
- LIAISON AND REFERRAL WITH MEDICAL SERVICES
- DISCHARGE AND AFTERCARE PLANNING



## Who can benefit from Partial Hospitalization?

People who experience:

depression, poor concentration, disorganized thinking, racing thoughts, low self-esteem, hopelessness, isolation, anxiety, panic attacks, difficulty managing medication; inability to work, attend school, or perform everyday tasks due to symptoms of mental illness; recurring abuse of drugs, alcohol, or other addictive behaviors; thoughts of self-harm or suicide, or pending discharge from a psychiatric hospital.

## OUR ELDER PROGRAM

Our caring, professional staff provide a supportive group environment for those 55 and older, to address individual needs and issues common to the aging process. Members have daily opportunities to interact with peers, develop coping skills, and increase awareness of mental and physical changes. They also learn strategies for self-care and utilization of community resources.

## OUR ADULT PROGRAM

Our dedicated clinicians offer a small, safe, and supportive group milieu where adults 19 and older receive intensive therapy and learn self-care, stress management, and healthy interpersonal skills. Daily goal-oriented interventions help members achieve their optimal level of functioning and independence in the community.